

STEPPING STONES PRESCHOOL

NOVEMBER MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Oct 28th

oct 29th

oct 30th

oct 31st

Breakfast

Cheesy Eggs with WG Toast, Pears and Milk

AM

Crackers and Cheese

Lunch

Meatloaf with Gravy, Mashed Potatoes, Mandarin Oranges and Milk

PM

Carrots and and Crackers

Breakfast

House Made Waffles with Bananas and Milk

AM

Pepperoni and Cheese

Lunch

Chicken Patties on WG Rolls with Peas, Mandarin Oranges and Milk

PM

Fresh Fruit and Corn Chips

Breakfast

WG Sun Butter Toast with Fresh Apples and Milk

AM

Fresh Fruit and Crackers

Lunch

Hamburger Gravy with Mash Potatoes, Pears and Milk

PM

Carrots Sticks and Crackers

Breakfast

Sausage Biscuits with Pineapple and Milk

AM

Cheese and Crackers

Lunch

Chicken Nuggets with WG Bread, Corn, Fresh Apples and Milk

PM

Fresh Fruit and Cheese

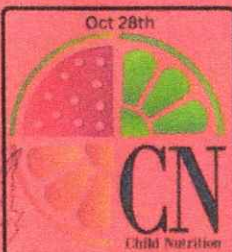
Week 1

Week 2

Week 3

Week 4

Week 5



Breakfast

Sausage Biscuits and Mixed Fruit with Milk

AM

Fresh Fruit and Crackers

Lunch

Grilled Cheese with Tomato Soup, Fresh Apples and Milk

PM

Cheese and Pepperoni

Breakfast

Blueberry Pancakes with Bananas and Milk

AM

Cheesy Bread

Lunch

Chicken Nuggets with WG Bread, Carrots, Apple Sauce and Milk

PM

Hard Boiled Egg and Crackers

Breakfast

Housemade Banana Bread with Fruit Salad and Milk

AM

Yogurt and Fresh Fruit

Lunch

WG Cheesy Taco Rice with Corn, Peaches and Milk

PM

Turkey, Cheese and Crackers

Breakfast

Scrambled Omelet with WG Toast, Pineapple and Milk

AM

Carrots and Crackers

Lunch

Fish Sticks and Cheesy Mac with Milk, Green Beans, and Mandarin Oranges

PM

Fresh Fruit and Cheese

Breakfast

Toasted Bagels with Fresh Oranges and Milk

AM

Cheese and Crackers

Lunch

Italian Chicken with WG Rice Green Beans, Pears and Milk

PM

Cheesy Bread

Breakfast

Berry Muffins with Mixed Fruit and Milk

AM

Fresh Fruit and Crackers

Lunch

WG French Toast with Sausage and Hash Browns, Fresh Bananas and Milk

PM

Cheese and Pepperoni

Breakfast

Cereal with Milk and Orange Juice

AM

Carrot Sticks and Crackers

Lunch

Lasagna Soup with Fresh Apples, Side Salad and Milk

PM

Fresh Fruit and Crackers

Breakfast

Egg Bacon Wraps with Fresh Oranges and Milk

AM

Fresh Fruit and Cheese

Lunch

Chicken Quesadilla with Corn, Mixed Fruit and Milk

PM

Cream Cheese Jelly and Crackers

Breakfast

WG Toast and Yogurt with Apples and Milk

AM

Cheese and Carrot Sticks

Lunch

Sloppy Joe Fries with Cheese, Pineapple and Milk

PM

Fresh Fruit & Crackers

Breakfast

WG Cereal with Bananas and Milk

AM

Cheesy Bread

Lunch

Chicken Noodle Soup with Mixed Vegetables, Apple Sauce and Milk

PM

Cheese and Crackers

Breakfast

Mini Pancake with Peaches and Milk

AM

Yogurt and Crackers

Lunch

WG Ham and Cheese Melts Baked Beans, Mandarin Oranges and Milk

PM

Fresh Fruit and Pretzels

Breakfast

Cheesy Eggs with WG Toast Pears and Milk

AM

Carrots and Sun Butter

Lunch

Meatballs with Butter Noodle, Green Beans, Mixed Fruit and Milk

PM

Sun Butter with Crackers

Breakfast

French Toast with Mandarin Oranges and Milk

AM

Carrots Sticks and Cheese

Lunch

Chicken and Biscuits with Mashed Potatoes, Pears and Milk

PM

Cheesy Bread

Breakfast

Banana Bread with Apple Sauce and Milk

AM

Fresh Fruit and Crackers

Lunch

Special Thanksgiving Party with Our Classroom

PM

Fresh Fruit and Yogurt

Breakfast

Toasted Bagels with Pineapple and Milk

AM

Fresh Fruit and Cheese

Lunch

WG Spaghetti and Meat Sauce with Peas, Fresh Apples and Milk

PM

Cheese and Crackers

Breakfast

Thanksgiving Recess

AM

Happy Holiday

PM

28th-29th

Happy Holiday

Whole Milk (for children 2yrs and under) or 1% Milk are served at Breakfast and Lunch.
At least 1 meal per day will contain a 100% Whole Grain (written as "WG" on the menu).

*Cereal (Kix, Life, Mini Wheats, Cheerios, Corn Flakes or Chex) *Crackers (Goldfish, Club, Ritz, Saltines, Animal, Pretzels, Graham)