

December Menu

Stepping Stones
Preschools



WEEK 1

WEEK 2

WEEK 3

WEEK 4

WEEK 5

	MON 2	TUE 3	WED 4	THU 5	FRI 6
WEEK 1	B: Toasted bagels with fresh oranges and milk. AM: Crackers and cheese L: Chicken patties with WG bread, corn, pears and milk. PM: Cheesy Bread	B: WG cereal with milk and orange juice. AM: Crackers and cheese. L: Italian chicken with mashed potatoes, peas and milk PM: Fresh fruit and crackers.	B: Berry muffins with peaches and milk. AM: Carrots and crackers. L: WG French toast with sausage, later tots, pears and milk. PM: Fresh fruit and cheese	B: Cheesy eggs with WG toast, mixed fruit and milk. AM: Crackers and cheese L: Meatloaf, mashed potatoes, apples, WG bread and milk PM: Carrots and Crackers	B: Waffles, applesauce and milk. AM: Fresh fruit and cheese L: Fish sticks, WG mac and cheese, green beans, oranges and milk PM: Cheese and crackers.
WEEK 2	B: WG toast, yogurt, mixed fruit and milk. AM: Cheesy bread L: Sloppy joes with bread, French fries, pineapple and milk PM: Carrots and Cheese	B: Banana bread, peaches and milk. AM: Crackers and cheese. L: WG cheesy taco rice, corn, pineapple and milk. PM: Crackers and cheese.	B: Sausage biscuits, pears and milk. AM: Apples and crackers. L: Cheese steaks, WG bread, corn, apples and milk. PM: Fresh fruit and crackers	B: Scrambled eggs, WG toast, peaches and milk AM: Cheese and fresh fruit L: Ham and cheese melt, tomato soup, apples and milk PM: Cheese and crackers	B: Pancakes, bananas and milk AM: Cheesy Bread L: Hamburgers, WG rolls, carrots, mixed fruit and milk PM: Ham, cheese, crackers.
WEEK 3	B: WG French toast, oranges and milk. AM: Carrots and cheese. L: Chicken and biscuits, mashed potatoes, applesauce and milk PM: Fresh fruit and crackers.	B: WG cereal, milk and orange juice. AM: Fresh fruit and cheese L: WG tuna melts, pears, apples and milk PM: Crackers and pepperoni.	B: Toasted bagels, oranges and milk AM: Cheesy bread. L: Chicken noodle soup, mixed vegetables, apples and milk PM: Hard boiled eggs and crackers.	B: Egg, bacon wrap, pears and milk AM: Cheese and crackers. L: WG chicken alfredo, green beans, mixed fruit and milk PM: Fresh fruit and cheese.	B: Waffles, bananas and milk. AM: Fresh fruit and crackers. L: Chicken nuggets, WG bread, mashed potatoes, pineapple and milk PM: yogurt and crackers.
WEEK 4	B: Toasted bagels, peaches and milk. AM: Cheesy bread. L: Hamburger rice soup, mixed vegetables, applesauce and milk. PM: Fresh fruit and cheese.	Closed Christmas Eve	Closed Christmas Day	Closed	Closed
WEEK 5	B: WG toast, yogurt, apples and milk AM: Cheesy bread L: Spaghetti with meat sauce, green beans, pears and milk PM: Cheese and crackers.	B: Cereal, bananas and milk. AM: Sun butter and crackers. L: WG grilled cheese and tomato soup, apples and milk. PM: Fresh fruit and cheese.			

WHOLE MILK FOR CHILDREN 2YRS AND YOUNGER OR 1% MILK FOR CHILDREN 2YRS AND UP ARE SERVED AT BREAKFAST AND LUNCH

AT LEAST 1 MEAL PER DAY WILL CONTAIN A 100% WHOLE GRAIN (WG)

CEREAL INCLUDES KIX, CORN FLAKES, CHEX, CHEERIOS. CRACKERS INCLUDE GOLDFISH, RITZ, ANIMAL CRACKERS, SALTINES, CLUB CRACKERS