



Stepping Stones Preschool

June 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<p>B: Blueberry Muffins, Yogurt, 3 Milk*</p> <p>AM: Crackers* / Cheese</p> <p>L: Hot Dogs, 100% Whole Grain Bread, Mac & Cheese, Corn, Mix Fruit, Milk*</p> <p>PM: Crackers* / Cheese</p>	<p>B: Cereal*, Banana, Milk* 4</p> <p>AM: Cheese / Apples</p> <p>L: Chicken Nuggets, Stuffing, 100% whole grain bread, Corn, Peaches, Milk*</p> <p>PM: Crackers* / Cheese</p>	<p>B: 100% Whole Grain Waffles, 5 Applesauce, Milk*</p> <p>AM: Crackers* / Cheese</p> <p>L: Cheese Pizza, Broccoli, Pineapple, Milk*</p> <p>PM: Cheese Puffs / Apples</p>	<p>B: Eggs, 100% Whole Grain Bread, 6 Ketchup, Applesauce, Milk*</p> <p>AM: Chex Mix / Cheese</p> <p>L: Meatballs, Sauce, 100% Whole Grain Bread, Peas, Peaches, Milk*</p> <p>PM: Mini Rice Crisps / Cheese</p>	<p>B: Blueberry Muffins, Yogurt, 7 Milk*</p> <p>AM: Crackers* / Apples</p> <p>L: Chicken Parm, 100% Whole Grain Bread, Noodles, Green Beans, Pears, Milk*</p> <p>PM: Crackers* / Cheese</p>
WEEK 2	<p>B: Cereal*, Orange Juice, Milk* 10</p> <p>AM: bread w/melted cheese</p> <p>L: Grilled Cheese on 100% Whole Grain Bread, Tomato Soup, Mix Veggies, Milk*</p> <p>PM: Crackers* / Apples</p>	<p>BB: Eggs, 100% Whole Grain Bread, Ketchup, Applesauce, Milk* 11</p> <p>AM: Crackers / Cheese Stick</p> <p>L: Tacos, Meat, Chips, Tortilla Shells, 100% Whole Grain Bread, Cheese, Corn, Pineapples, Milk*</p> <p>PM: Chips / Salsa / Cheese</p>	<p>B: 100% Whole Grain Pancakes, 12 Watermelon, Milk*</p> <p>AM: Cheese Balls / Oranges</p> <p>L: Fish Sticks, Mac & Cheese, Corn, Apples, Milk*</p> <p>PM: Pretzels / Yogurt</p>	<p>B: EB: Bagels, Cream Cheese, 13 Peaches, Milk*</p> <p>AM: Chex Mix / Cheese</p> <p>L: Beef Stroganoff, 100% Whole Grain Bread, Broccoli, Mix Fruit, Milk*</p> <p>PM: Mini Rice Crisps / Apples</p>	<p>B: Banana, Muffins, Milk* 14</p> <p>AM: Crackers* / Cheese</p> <p>L: Ham and Cheese, 100% Whole Grain Bread, Peas, Pears, Milk*</p> <p>PM: Carrots & Dip / Cheese</p>
WEEK 3	<p>B: 100% Whole Grain French Toast, Milk* 17</p> <p>AM: Crackers* / Pineapple</p> <p>L: Chicken Alfredo, 100% Whole Grain Bread, Broccoli, Peaches, Milk*</p> <p>PM: Bread w/melted cheese</p>	<p>B: Biscuits & Sausage, Applesauce, Milk* 18</p> <p>AM: Crackers* / Carrots & Dip</p> <p>L: Hamburger, 100% Whole Grain Bread, French Fries, Ketchup, Peaches, Milk*</p> <p>PM: Crackers* / Cheese</p>	<p>B: 100% Whole Grain Waffles, 19 Banana, Milk*</p> <p>AM: Crackers* / Yogurt</p> <p>L: Ham and Cheese, 100% Whole Grain Bread, Peas, Pears, Milk*</p> <p>PM: Crackers* / Apples</p>	<p>B: Eggs, 100% Whole Grain Bread, Ketchup, Applesauce, Milk* 20</p> <p>AM: Banana Bread / Yogurt</p> <p>L: Spaghetti with Meat Sauce, Roll, Green Beans, Peaches, Milk*</p> <p>PM: Chips / Salsa / Cheese</p>	<p>B: 100% Whole Grain Toast, Yogurt, Banana, Milk* 21</p> <p>AM: Pretzels / Cheese</p> <p>L: Beef Vegetable Soup, Roll, Peaches, Milk*</p> <p>PM: Cheese / Crackers*</p>
WEEK 4	<p>B: Cereal*, Orange Juice, Milk* 24</p> <p>AM: Bread w/melted cheese</p> <p>L: Chicken Patties, 100% Whole Grain Bread, Green Beans, Pears, Milk**</p> <p>PM: Crackers* / Apples</p>	<p>B: Bagels, Cream Cheese, Peaches, Milk* 25</p> <p>AM: Crackers* / Cheese Stick</p> <p>L: Mozzarella Sticks, Butter noodle's, 100% whole grain bread, Corn, Peaches, Milk*</p> <p>PM: Crackers* / Oranges</p>	<p>B: 100% Whole Grain Pancakes, Oranges, Milk* 26</p> <p>AM: Crackers* / Oranges</p> <p>L: Cheese Pizza, Broccoli, Pineapple, Milk*</p> <p>PM: Chex Mix / Cheese</p>	<p>B: Eggs, 100% Whole Grain Bread, Ketchup, Applesauce, Milk* 27</p> <p>AM: Chex Mix / Cheese</p> <p>L: Meatballs, Sauce, 100% Whole Grain Bread, Peas, Peaches, Milk*</p> <p>PM: Mini Rice Crisps / Cheese</p>	<p>B: Blueberry Muffins, Yogurt, 28 Milk*</p> <p>AM: Crackers* / Cheese</p> <p>L: Hot Dogs, 100% Whole Grain Bread, Mac & Cheese, Corn, Mix Fruit, Milk*</p> <p>PM: Crackers* / Cheese</p>
WEEK 5					

*1% Milk or Whole Milk (under 2 yrs. of age) served both breakfast and lunch

*Cereals (Kix, Life, Mini Wheats, Cheerios, Corn Flakes, Chex)

*Crackers (Goldfish, Club, Ritz, Saltines, Animal, Graham)