

December Menu



Stepping Stones
Preschools

	MON 2	TUE 3	WED 4	THU 5	FRI 6
WEEK 1	<p>B: Toasted bagels with fresh oranges and milk. AM: Crackers and cheese L: Chicken patties with WG bread, corn, pears and milk. PM: Cheesy Bread</p>	<p>B: WG cereal with milk and orange juice. AM: Crackers and cheese. L: Italian chicken with mashed potatoes, peas and milk PM: Fresh fruit and crackers.</p>	<p>B: Berry muffins with peaches and milk. AM: Carrots and crackers. L: WG French toast with sausage, tater tots, pears and milk. PM: Fresh fruit and cheese</p>	<p>B: Cheesy eggs with WG toast, mixed fruit and milk. AM: Crackers and cheese L: Meatloaf, mashed potatoes, apples, WG bread and milk. PM: Carrots and Crackers</p>	<p>B: Waffles, applesauce and milk. AM: Fresh fruit and cheese L: Fish sticks, WG mac and cheese, green beans, oranges and milk PM: Cheese and crackers.</p>
WEEK 2	<p>9 B: WG toast, yogurt, mixed fruit and milk. AM: Cheesy bread L: Sloppy joes with bread, French fries, pineapple and milk. PM: Carrots and Cheese</p>	<p>10 B: Banana bread, peaches and milk. AM: Crackers and cheese. L: WG cheesy taco rice, corn, pineapple and milk. PM: Crackers and cheese.</p>	<p>11 B: Sausage biscuits, pears and milk. AM: Apples and crackers. L: Cheese steaks, WG bread, corn, apples and milk. PM: Fresh fruit and crackers</p>	<p>12 B: Scrambled eggs, WG toast, peaches and milk AM: Cheese and fresh fruit. L: Ham and cheese melt, tomato soup, apples and milk. PM: Cheese and crackers</p>	<p>13 B: Pancakes, bananas and milk. AM: Cheesy Bread L: Hamburgers, WG rolls, carrots, mixed fruit and milk. PM: Ham, cheese, crackers.</p>
WEEK 3	<p>16 B: WG French toast, oranges and milk. AM: Carrots and cheese. L: Chicken and biscuits, mashed potatoes, applesauce and milk. PM: Fresh fruit and crackers.</p>	<p>17 B: WG cereal, milk and orange juice. AM: Fresh fruit and cheese. L: WG tuna melts, pears, apples and milk. PM: Crackers and pepperoni.</p>	<p>18 B: Toasted bagels, oranges and milk. AM: Cheesy bread. L: Chicken noodle soup, mixed vegetables, apples and milk. PM: Hard boiled eggs and crackers.</p>	<p>19 B: Egg, bacon wrap, pears and milk. AM: Cheese and crackers. L: WG chicken alfredo, green beans, mixed fruit and milk. PM: Fresh fruit and cheese.</p>	<p>20 B: Waffles, bananas and milk. AM: Fresh fruit and crackers. L: Chicken nuggets, WG bread, mashed potatoes, pineapple and milk. PM: yogurt and crackers.</p>
WEEK 4	<p>23 B: Toasted bagels, peaches and milk. AM: Cheesy bread. L: Hamburger rice soup, mixed vegetables, applesauce and milk. PM: Fresh fruit and cheese.</p>	<p>24 Closed Christmas Eve</p>	<p>25 Closed Christmas Day</p>	<p>26 Closed</p>	<p>27 Closed</p>
WEEK 5	<p>30 B: WG toast, yogurt, apples and milk. AM: Cheesy bread L: Spaghetti with meat sauce, green beans, pears and milk PM: Cheese and crackers.</p>	<p>31 B: Cereal, bananas and milk. AM: Sun butter and crackers. L: WG grilled cheese and tomato soup, apples and milk. PM: Fresh fruit and cheese.</p>			

WHOLE MILK FOR CHILDREN 2YRS AND YOUNGER OR 1% MILK FOR CHILDREN 2YRS AND UP ARE SERVED AT BREAKFAST AND LUNCH

AT LEAST 1 MEAL PER DAY WILL CONTAIN A 100% WHOLE GRAIN (WG)

CEREAL INCLUDES KIX, CORN FLAKES, CHEX, CHEERIOS. **CRACKERS** INCLUDE GOLDFISH, RITZ, ANIMAL CRACKERS, SALTINES, CLUB CRACKERS