

# STEPPING STONES PRESCHOOL

## APRIL MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	B wg bagel fruit and milk Am cheese and crackers L Hotdogs fruit vegetables and milk Pm cheese and crackers	B Eggs wg toast fruit and milk Am fruit and cheese L chicken patties fruit vegetables and milk Pm Crackers and Fruit	B wg cereal fruit and milk Am Cheesy Bread L sloppy joes fruit vegetables and milk Pm cheese and veggie	B pancakes fruit and milk Am sun butter and crackers L wg hamburger gravy with rice fruit vegetables and milk Pm ham cheese and Crackers	B wg toast and yogurt fruit and milk Am fruit and crackers L Fish sticks with Mac and cheese fruit vegetables and milk Pm fruit and crackers
Week 2	B Sausage biscuits fruit and milk Am cheese and Crackers L meatballs wg pasta fruit vegetables and milk Pm cheese and Crackers	B Eggs wg toast fruit and milk Am fruit and cheese L Chicken nugget wg bread vegetables fruit and milk Pm Crackers and Fruit	B Berry muffins fruit and milk Am Cheesy bread L wg Ham Sandwich fruit vegetables and milk Pm cheese and veggie	B waffles fruit and milk Am sun butter and crackers L wg Cheesy taco rice fruit vegetables and milk Pm ham cheese and Crackers	B wg cereal fruit and milk Am fruit and cracker L Chicken parm fruit vegetables and milk Pm fruit and cracker
Week 3	B Toast and yogurt fruit and milk Am cheese and Crackers L Chicken Patty, wg bread, fruit vegetables and milk Pm cheese and Crackers	B Eggs Sausage wrap fruit and milk Am fruit and cheese L BBQ Chicken wg bread fruit vegetables and milk Pm Crackers and Fruit	B wg cereal fruit and milk Am Cheesy bread L Tacos fruit vegetables and milk Pm cheese and veggie	B pancakes fruit and milk Am sun butter and crackers L wg Hamburgers Mac fruit vegetables and milk Pm ham cheese and Crackers	B wg bagels fruit and milk Am fruit and Crackers L Chicken Quesadillas, fruit vegetables and milk Pm fruit and Crackers
Week 4	B Sausage biscuits fruit and milk Am cheese and Crackers L hotdogs wg bread, fruit vegetables and milk Pm cheese and Crackers	B Eggs wg toast fruit and milk Am fruit and cheese L Chicken Alfredo fruit vegetables and milk Pm Crackers and Fruit	B Banana bread fruit and milk Am Cheesy bread L Chicken nuggets fruit vegetables and milk Pm cheese and veggie	B wg French toast fruit and milk Am sun butter and crackers L Beef stroganoff fruit vegetables and milk Pm ham cheese and Crackers	B wg cereal fruit and milk Am fruit and crackers L Pizza Quesadillas fruit vegetables and milk Pm fruit and crackers
Week 5	B wg bagels fruit and milk Am cheese and Crackers L Chicken Nuggets, wh bread, fruit vegetables and milk Pm cheese and Crackers	B Eggs wg toast fruit and milk Am fruit and cheese L Chicken Quesadillas fruit vegetables and milk Pm Crackers and Fruit	B wg cereal fruit and milk Am Cheesy bread L Italian Chicken fruit vegetables and milk Pm cheese and veggie	B pancakes fruit and milk Am sun butter and crackers L wg Pasta and meat sauce fruit vegetables and milk Pm ham cheese and Crackers	B wg toast and yogurt fruit and milk Am fruit and crackers L Hamburgers fruit vegetables and milk Pm fruit and crackers

Whole Milk (for children 2yrs and under) or 1% Milk are served at Breakfast and Lunch.  
At least 1 meal per day will contain a 100% Whole Grain (written as "WG" on the menu)  
\*Cereal (Kix, Life, Mini Wheats, Cheerios, Corn Flakes or Cheer) \*Crackers (Goldfish, Club, Ritz, Saltines, Animal, Pretzels, Graham)

